

Papua Maternal, Newborn and Child Health and Nutrition Project

INDONESIA

Project Brief FY 2016



HEALTH

You can help reduce child mortality rates in Papua communities by supporting their improved access to maternal and child health services.

The high mortality rate of children under five is a key concern in Indonesia, where there is limited access to maternal and child healthcare facilities, particularly for those living in rural areas. By supporting this project you will help improve access to antenatal, postnatal and nutritional care for mothers and their children – reducing child mortality rates and improving overall health and wellbeing.



\$10,000 can help protect 45 children across 24 villages in Papua, Indonesia, from preventable illnesses and deaths.

Background

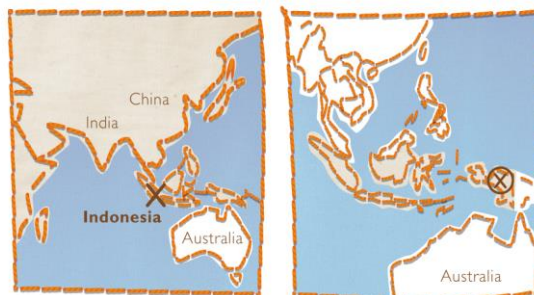
In Indonesia, an estimated 190,000 children die each year before their fifth birthday. Half of these deaths occur within the first month as a result of stillbirth, complications from premature birth, and illnesses such as pneumonia, meningitis and diarrhoea.

Mothers are also at risk, with the maternal mortality rate estimated at 573 deaths per 100,000 live births, more than double the national average. Today, more than half of all deliveries in Indonesia are still being conducted at home without skilled birth attendants.

Maternal and child health problems are exacerbated by low levels of awareness of good health practices among the community, including the importance of breastfeeding and preventing mother-to-child transmission of HIV.

Additionally, the district health system in Indonesia has limited capacity to provide the community with adequate healthcare programs and services to respond to these issues, especially in remote areas.

*Front cover: This project is helping improve maternal and child health by strengthening the local health system.
Photo: World Vision*



Project overview

The Papua Maternal, Newborn and Child Health and Nutrition Project in Indonesia focuses on 24 villages across three districts.

The project aims to provide quality community-based healthcare for women and children in Papua, particularly those living in remote areas. It is doing this by improving access to maternal and newborn health services, strengthening the district health system, and improving community awareness of health practices to reduce infant mortality.

Improvements in healthcare include better maternal and infant feeding practices and community management of preventable childhood illnesses such as pneumonia and diarrhoea.

Project length: October 2012 – September 2017

Project goal

- To increase the quality of integrated community-based health services that help children enjoy good health.

Key outcomes

- Improved Community Health Workers' management practices of childhood illnesses.
- Improved maternal and infant feeding practices and nutrition.
- Improved access to community-based maternal, newborn and child health services and community-based prevention of mother-to-child transmission of HIV.
- Strengthened ability of the district health system to support community-based health services.

Project activities

- Improving the knowledge of mothers and caregivers on optimal infant and young child feeding practices, nutrition and Integrated Management of Childhood Illnesses.
- Improving the capacity of Community Health Workers through training in case management and home visits.
- Community training on behaviour change for better health practices involving grandmothers, fathers and religious leaders.
- Strengthening the capacity of the district health system by training District Health Officers.
- Coordinating with the district government to help mothers receive safe birthing kits to ensure safe childbirth.

Recent achievements

- 3,037 people (mostly mothers and children) received health education and services during 2014-15. These included growth monitoring, treating for illnesses, immunisation and provision of vitamin supplementation.
- 43 health staff and 49 Community Health Workers have been trained in counselling parents and caregivers on infant and young child feeding practices, early detection and

Community Health Volunteers make a difference

Community Health Workers are the backbone of many health initiatives in Papua, Indonesia. They are usually volunteers who provide ongoing health support to members of the community. This is why the Papua Maternal, Newborn and Child Health and Nutrition Project focuses on strengthening their skills in order to sustainably improve the health of families and reduce child mortality.

The project recently trained Community Health Workers in improved infant feeding practices and on prevention and management of childhood illnesses. As a result, Community Health Workers engaged with district government leaders to encourage improved maternal and child health services.

Community Health Workers provide a great example of how communities can take ownership of the change that they want to see.



A Community Health Worker tells a community gathering: "Children are our future so they have to be healthy." Photo: World Vision

treatment of child development issues, maternal and newborn care, and Integrated Management of Childhood Illness.

- In 2014-15, health workers were supported to assist 24 mothers to deliver their babies and provide essential newborn care. They provided mothers with information on the importance of antenatal check-ups and breastfeeding for the first six months of life, as

well as supplementary feeding practices for children aged below two. They also conducted growth monitoring for 395 children and treated children suffering from illnesses including diarrhoea and pneumonia.

- 259 people have learned about the health dangers of open defecation and how to build hygienic household toilets using home-made cement, ash, wood and dry reed. As a result, 43 households have built their own toilets and two villages have been declared 100 percent free of open defecation. This has provided a positive example for other villages to follow.

Beneficiaries

The Papua Maternal, Newborn and Child Health and Nutrition Project will benefit 80,804 people between 2012 and 2017.

The project aims to target 7,266 children, parents and caregivers, Community Health Workers and District Health Officers in 2015-16 through efforts in community training and improvements in health services and delivery.

Gender and disability approaches

The Papua Maternal, Newborn and Child Health and Nutrition Project promotes equal opportunity for community members and other local stakeholders who are committed to the improvement of maternal and child health services regardless of physical limitations, disability or gender.

The project encourages women's active participation in leadership roles in project activities to improve access to health services for mothers and children.

The project also involves men in discussions about decision-making in the family and their role as caregivers for their children to ensure better health practices are supported by both the mother and father.

Project sustainability

The project places a strong emphasis on partnership with the District Government and District Health Officers, community-based organisations and local Community Health Workers.

By strengthening community and government workers' capacity to respond to the needs of children at the grassroots level, benefits to the community will continue beyond the life of the project.

Project evaluation and reporting

Transparency is at the core of our programs and their delivery. Only then can we strategically assess the level of change achieved in the communities in which we work.

All of World Vision's projects are assessed at regular intervals against implementation plans, budgets and progress towards their objectives. Evaluations help us identify what works and why, and are therefore a critical part of our programming approach.

Our partners will receive an annual project report outlining progress against key outcomes and activities undertaken. Project challenges and adjustments will be communicated. Project images and case studies are also often available.

ANCP initiative

The Australian Government, through the Department of Foreign Affairs and Trade (DFAT), provides funding to World Vision Australia to implement international development projects through a program called the Australian NGO Cooperation Program (ANCP).

DFAT provides funding for this program on a 5:1 basis. That is, for every \$5 that DFAT provides, World Vision Australia must contribute \$1. The Papua Maternal, Newborn and Child Health and Nutrition Project is part of the ANCP.

Funding

We invite you to consider partnering with World Vision Australia as we seek to fund \$819,000* in FY16 from donors to support this project.

*Estimated as at time of printing and subject to change.

Join us

Join World Vision Australia and its partners to improve access to maternal and child healthcare in Papua, Indonesia.

Contact us

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